

# **VOLUNTEER RECOGNITION**

**2023**

# **VOLUNTEERING WEAVES US TOGETHER**

"Let's celebrate our individual and collective actions in creating a strong, interconnected and vibrant community!"

Volunteering weaves us together, strengthening the fabric of our community by sharing our time, talent and energy to support one another.

Volunteering reinforces our ability to grow, thrive, and create change. Each action we take impacts our community, province, and country's overall wellness, now and for future generations."

**PRESENTING OUR 2023**

# **VOLUNTEER RECOGNITION RECIPIENTS**



# CARNIVAL COMMITTEE

This small but committed group of volunteers organized the East Ferris 2023 Winter Carnival. The event was a huge success and included a fishing derby, a hockey tournament, a curling tournament, two concerts, a dance, children's games, two breakfasts, a spaghetti dinner, and a well-stocked canteen with locally made ci-paille.

The Committee overcame some challenges in planning the carnival, including the return after a three-year hiatus due to the COVID pandemic and the unavailability of the East Ferris Community Centre kitchen, which was being renovated. The Committee was encouraged by the number of registrations and sponsors who brought their support to the event.

The event saw record attendance and continues to be a major social event in East Ferris year after year. The Carnival is thriving and it would not be possible without the dedicated work put in by this exceptional group of volunteers.



**Back row left to right: Patrick Brochu, Guy Cloutier  
Front row left to right: Renee Baker, Patty Point, Eric Point**



**Back row left to right: Zoéanne Dubien, Garrett Tran, Sauvée Perron, Krysten Ball  
Front row left to right: Nyla McNamara, Josée Blahut**

# YOUTH EDITORIAL COMMITTEE



The Youth Editorial Committee is a group composed of 6 members, founded by Zoéanne Dubien, who is the Chair of the youth committee.

The committee holds regular meeting at the East Ferris Public Library with agendas and reports. Together they plan and produce four pages for the East Ferris Youth, that is included as part of the 44 pages of the Edition magazine.

The Edition was a non-profit community magazine produced until 2023 by a volunteer organization that includes the Youth Editorial Committee.

The members of the Youth Editorial Committee are shining examples of youth getting involved in their community and volunteering at all ages.

# MÉLODIE CONTANT

Melodie Contant is an East Ferris resident and her commitment to her community came to fruition in 2015 when she was one of the key members behind the great "Astorville en Fête" event.

Since then, she has played a key role on a volunteer basis and on many levels with the youth of our community inside and outside the school, including the concerns of our youth in the production of the East Ferris Community Safety and Well-being Plan, and last winter with the production of the first Astorville Village Christmas Fête. This event surprised everyone with its success and attracted an estimated 400 participants. The event included horse-drawn wagon rides through Astorville, a large bonfire supervised by the East Ferris Fire Department, a children's choir with a Santa Claus, an outdoor winter wonderland with Christmas lights and winter games for children and parents, etc.... The conclusion was that it was the beginning of a new tradition.





# CÉCILE BARHAM



Cécile Barham has been managing the foot clinic in East Ferris for many years. This involves maintaining a relationships with our nurses and scheduling members to attend the clinic on a monthly bass. During COVID, Cécile supported members by setting up in-home visits by the nurses.

She is also the Club Action 50+ lead for the annual car rally held in June. This activity engages our Club members and gets them better acquainted with our municipality by driving and collecting items from a list of clues. Cécile is a lifetime resident of Corbeil and was very active on the committee for the 100th Anniversary of East Ferris. She worked diligently on the Corbeil book as well as the numerous activities held throughout the year.

Cécile is highly community minded and never hesitates to serve in any way she can. She is a deserving recipient of this recognition for her dedication and her commitment to improving older adult health, social connectedness and general mental and physical well being of residents of East Ferris and surrounding areas.

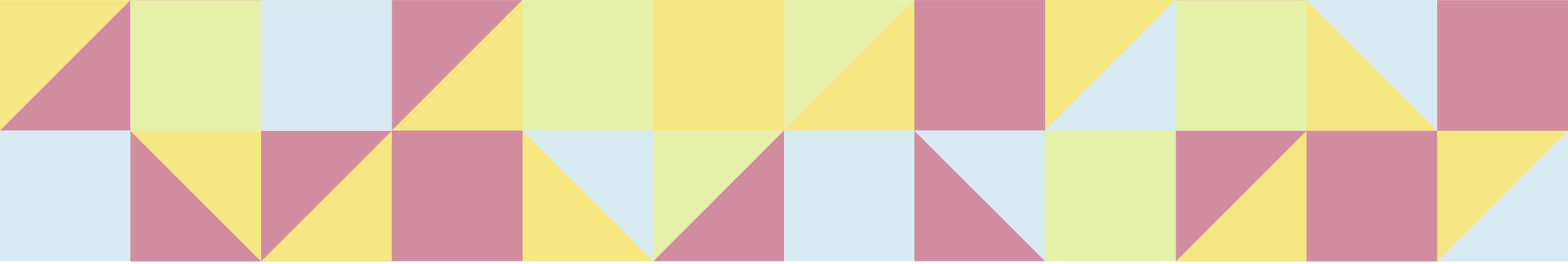
# SHEILA PORTER

Sheila Porter is a dedicated member of the Club Action 50+ organization and volunteers as the line dancing instructor for the club. She has been doing this since March 2019 and holds 2 classes weekly, 52 weeks of the year. She spends much of her time finding new dances, downloading music and learning the dance steps required to instruct the club members on how to perform the dance routine. She takes pride in ensuring that everyone is successful and enjoys themselves and is patient with all who participate.

Sheila has also been the secretary of the board of directors for the club for the past 5 years.

Sheila is active, outgoing and full of ideas. She does not hesitate to implement new activities and excels at recruiting new members and volunteers to the club. Sheila's dedication and commitment to improving older adult health, social connectedness and general mental and physical well-being is very appreciated.





# **CONGRATULATIONS TO OUR 2023 RECIPIENTS**

**THANK YOU FOR ALL THAT YOU DO  
FOR OUR COMMUNITY!**

